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(PW: FOTGONLINE)

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The world is spinning, the future is uncertain but we have power to change it.

Using a rotating stage, Feet off the Ground blend contemporary dance with poetry and an evocative soundscape to unravel women's stories of protest, climate, community and hope.

Together the four performers journey through exhaustion, celebration and solidarity; expressing the freedom, resilience and spirit it takes to care for each other and the world we live in.



AUDIENCE PARTICIPATION COVENTRY CATHEDRAL PERFORMANCE TRAILER

(PW: FOTGONLINE)

"... a captivating performance from Feet off the Ground, swept away by the beauty, pace and precision. In places it feels precarious and often dangerous, but thrilling and energizing to see power in this group of fierce women. I delighted in young and old audiences joy in their witnessing."

Paul Russ - chief executive and artistic director FABRIC



FEET OFF THE GROUND

Feet off the Ground creates transformative, relatable outdoor dance productions which comment on sociopolitical issues through a feminist lens. The work reflects the company's collective belief in the therapeutic benefit of movement, human connection and touch, and their democratic and collaborative approach to creating dance.

The collective have performed and taught both nationally and internationally including: OffBeat Festival (Oxford), The Place Family Dance Day (London), Chisenhale Summer of Art (London), Let's Do London (Trafalgar Square & Canary Wharf, London), Deptford Lounge (London) Sustainability Hub Big Weekend - The Point (Eastleigh), GraciasXfavor Festival (Santander, Spain), Art Night (Southbank, London), Play Circus Festival (Wales).





TECH REQUIREMENTS

Designed as an outdoor work, but can be performed indoors, in the round or in a semi-circle.

4 dancers travelling with non-motorised rotating stage. Stage breaks down into pieces. Diameter 4m when in place, height 1m.

2 hr set up, 1.5 hr take down with 1hr break before performance.

Playing space - 8x8m with height of min 5m.

PA system for pre-recorded sound.

Flat surface, no soft areas.

No lighting design as designed for outdoor during daytime. Lighting can be discussed further if indoor venue.

Suitable for all ages. 50 mins, no interval.



CREDITS

Poet: Jemima Foxtrot

Set design: Martin West

Dramaturg: Neus Gil Cortés

England

Photo & video: Henry Curtis

- Choreography & Performance: Hayley Chilvers/Lucia Chocarro, Robyn Holder, Sophie Thorpe & Patricia Zafra
- Producer + concept: Eve Veglio-Hüner
- Music/Composition: William South
- Costume Design: Rosie Whiting
- Supported by Center 101, The Point, IOU & Arts Council

"Feet off the Ground's newest show left me feeling mesmerised, my spirits lifted and my faith in humankind restored. I felt so connected to the other audience members, I was hoping we'd all get to stand on the stage together!"

Sam Gilroy - Artistic Director of Sam G Creates





"Turning Point is a high quality piece of dance theatre that intertwines a moving story with an impressive physicality which dazzles audiences of all ages. The structure and the performers express an emotive journey that is captivating and enthralling. I would definetely recommend this show for any festival, who is interested in contemporary street performance"

Adam Towndrow - Creative Producer



Company

Socials: https://wv https://wv https://tw

Company - info@feetofftheground.co.uk

Website - **www.feetofftheground.co.uk/turning-point**

https://www.facebook.com/feetoffthegrounddance

https://www.instagram.com/feetoffthegrounddance/

https://twitter.com/feetgrounddance



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