



Powerful Female-led Performance

Feet Off The Ground is an all-female contemporary dance collective who are passionate about the role that dance, creativity and expression plays in young people's lives.

The collective specialises in Contact Improvisation and partnering, making engaging, physical work with a focus on sharing untold stories. FOTG are passionate about education and have taught extensively in dance conservatoires and organisations, youth groups, schools, professionals and within the community.

The collective formed in 2013 and has performed in the UK and Europe and have presented in a range of contexts including theatres, schools, festivals and outdoor public sites.

Creature Comforts

A surprising, uplifting look at the role of technology in our lives and the power of play

A new family friendly outdoor show that follows the story of Flynn. Her phone is consuming her mind, squashing her imagination and flair. She doesn't even notice the appearance of a large, mysterious four-legged creature who mystically emerges.

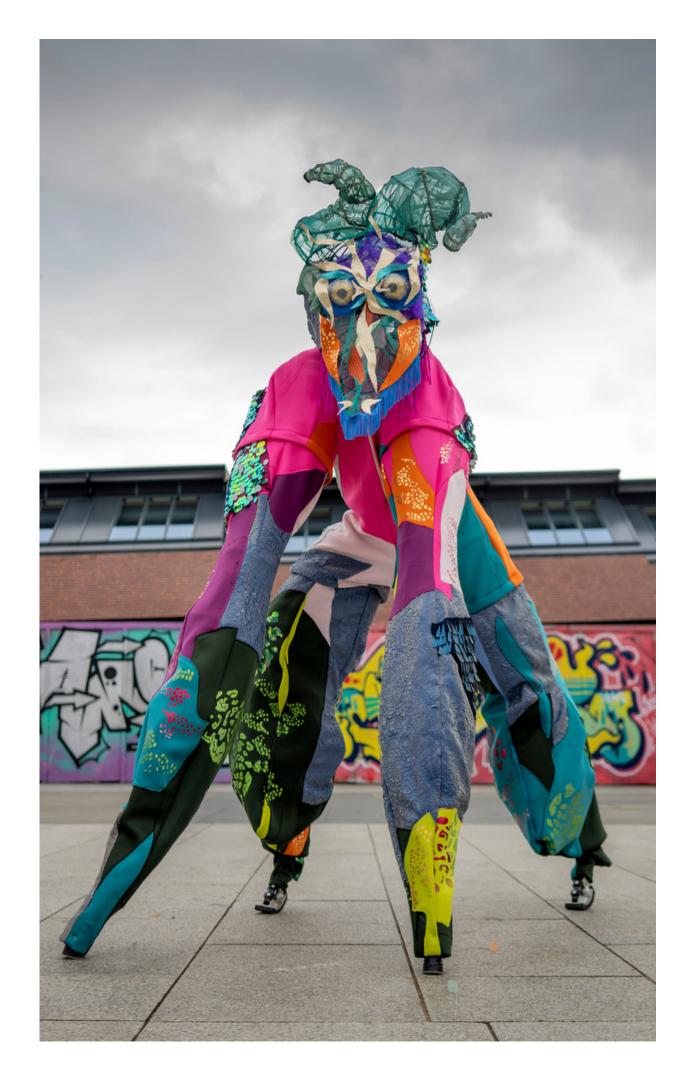
Can she stop scrolling and start strolling with this magnificent creature? A familiar tale to families of juggling screen time, and a real adventure for our younger viewers to remind them that there is magic all around us.

This show enchants audiences with its seamless blend of contemporary dance, contact work, stilt walking and physical theatre.



TRAILER

https://vimeo.com/515005510



Performance and Tech

Performance area

Minimum performance area of 9m x 9m. The creature character will promenade towards the performance area, adapting their path to the specific space.

Surface

Can be performed on concrete, grass or dance floor. Not suitable for wet grass or sloped surfaces.

<u>Viewpoint</u>

Created for outdoor spaces, viewed in the round or fixed front with promenade beginning. Creature Comforts can also be performed indoors if height requirements are met.

Tech needs

Low tech, only PA system required.

If performing when dark, lighting required.

Multiple performances

Up to 2 performances per day with minimum 2 hour break between shows

No performers & Touring Team

Running time

Performance is 21 mins with 5 min entrance track = 26 min total

Height clearance

3.5 meters

Green Room

We will require a green room with a table near performance space to dress & undress creature character

Modified Versions

Shorter Walkabouts: Engaging with the audience while travelling through the festival or event.



Flexibility/Adaptability

We are able to perform in light rain, ensuring the show goes on.

In the event of bad weather, we conduct a full risk assessment, evaluating the performance surface for slipperiness. If the surface poses a significant risk, we can modify the show. This might involve removing riskier lifts to ensure a safe and enjoyable performance for all.

If temperature soar above 30degrees Celsius, we may request to shorten one of the two performances to a walkabout. This ensures the safety and well-being of our creature character in high temperatures





Show Copy - 'Creature Comforts'

25 words:

From phone to fantasy; join Flynn on an adventure bursting with dance, theatre and circus. Reconnect with your imagination through this must see outdoor show.

50 words:

Flynn feels at home on her phone, in fact, so does everyone around her... but when a mysterious four-legged creature appears, she leaves behind her creature comforts and enters a world full of technicolour, fun and magic! Feet off the Ground celebrate the power of play, friendship and imagination.

70 words:

This family friendly outdoor show follows Flynn, whose phone is consuming her mind, squashing her imagination and flair. Absorbed in her phone, she doesn't notice the appearance of a large, mysterious four-legged creature.

Can she stop scrolling and start strolling with this magnificent creature? Will she leave behind her creature comforts and enter a world full of fun and magic! Come and celebrate the power of play, friendship and imagination.

Credits

Concept, Choreography and Performers

Feet Off The Ground members: Lucia Chocarro, Robyn Holder, Sophie Thorpe, Patricia Zafra

ComposerWilliam South

Costume Designer
Rosie Whiting

Supported by

Arts Council England, Chisenhale Dance Space, The Point, Dance 4

'Joyous and otherworldly - just fantastic!"

"Brings the audience into a magical world" Chisenhale Dance Space audience - 2019



Workshops

'Monster Movement' Workshops - available upon request

Copy for 3-6 years:

Join Feet off the Ground for a fun, creative movement workshop for children aged 3-6. Together we will use our imaginations and go on an exciting adventure. Through play, creative exercises and games, we will wiggle, jump, spin and roll like our favourite monsters!

Copy for 7+ years:

Join Feet off the Ground for a fun, creative movement workshop for children aged 7+. We will play games, explore our creativity and learn a fun dance sequence inspired by our favourite monsters!

** Parents/guardians/carers are free to join in to support their children if they would like to. Children are the responsibility of their parent/carer and cannot be left











Contact

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feetofftheground.co.uk



www.feetofftheground.co.uk/creature-comforts